

How to Weaken Pride and Cultivate Humility

By C.J. Mahaney (taken from Humility: True Greatness)

Always:

- 1) Reflect on the wonder of the cross of Christ.

As each day begins:

- 2) Begin your day by acknowledging your dependence upon God and your need for God.
- 3) Begin your day expressing gratefulness to God.
- 4) Practice the spiritual disciplines - prayer, study of God's Word, worship. Do this consistently each day and at the day's outset, if possible.
- 5) Seize your commute time to memorize and meditate on Scripture.
- 6) Cast your cares upon Him, for He cares for you.

As each day ends:

- 7) At the end of the day, transfer the glory to God.
- 8) Before going to sleep, receive this gift of sleep from God and acknowledge His purpose for sleep.

For special focus:

- 9) Study the attributes of God.
- 10) Study the doctrines of grace.
- 11) Study the doctrine of sin.
- 12) Play golf as much as possible.
- 13) Laugh often and laugh often at yourself.

Throughout your days and weeks:

- 14) Identify evidences of grace in others.
- 15) Encourage and serve others each and every day.
- 16) Invite and pursue correction.
- 17) Respond humbly to trials.

